COVID-19 – Updates on CDC Guidance

For Technical Difficulties:



Chat with host, Jessica Bunting or email jbunting@cpwr.com

If you have trouble hearing through your computer, call in via phone:



415-655-0003

Access code: 127 178 0579

Presented by:

G. Scott Earnest, Ph.D., P.E., C.S.P., Associate
Director for Construction, the Office of Construction
Safety and Health, NIOSH

Chris Brown, Special Assistant in the Office of the Assistant Secretary, OSHA

Timothy Irving, Deputy Director, Directorate of Construction, OSHA

Chris Trahan Cain, CIH, CPWR Executive Director

Doug Trout, MD, MHS, Chief, Hazard Evaluations and Technical Assistance Branch, NIOSH/DFSE

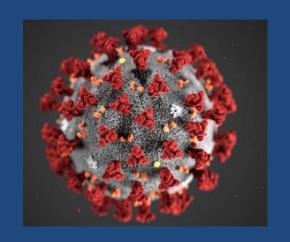
Construction and COVID-19 Updates



G. Scott Earnest, Ph.D., P.E.

National Institute for Occupational Safety and Health
Centers for Disease Control and Prevention
U.S. Department of Health and Human Services

17 June 2020



NIOSH COVID Research Projects



- Fit capability of respirators w/o NIOSH certification
- Evaluating decontamination methods of respirators
- Extended N95 respirator wear on facial thermal burden
- Evaluating mobile apps for digital contact tracing
- Point of use air purification systems
- Suicide surveillance during the pandemic

Sunlight and Inactivation?



The Journal of Infectious Diseases

Schuit M. et. al. Airborne SARS-CoV-2 is Rapidly Inactivated by Simulated Sunlight. The Journal of Infectious Diseases, Published: 11 June 2020.

This study demonstrates that simulated sunlight rapidly inactivates SARS-CoV-2 in small-particle aerosols, suggesting that exposure risk may vary significantly across different environmental conditions.



NPPTL Respirator Assessments to Support the COVID-19 Response

Updated June 16, 2020

Baoji Taidakang Medical Technology Co., Ltd.	Folding Mask with Ear Loop	GB19083	99.51	99.25	2020- 47.2
Baoji Taidakang Medical Technology Co., Ltd.	Butterfly Ear Hanging	GB19083	99.56	99.09	2020- 47.3
BYD Precision Manufacture Co., Ltd.	DG3101	GB2626	99.78	95.03	2020- 238.1
Changning Lingjiakang Protective Products Factory	KN95 Stereo Protective Mask	EN149	50.74	33.75	2020- 10.3



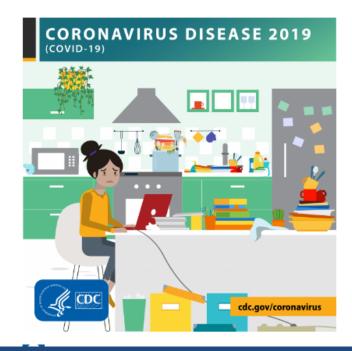
Employees: How to Cope with Job Stress and Build Resilience During the COVID-19 Pandemic



Other Languages ▼

Print Page

Whether you are going into work or working from home, the COVID-19 pandemic has probably changed the way you work. Fear and anxiety about this new disease and other strong emotions can be overwhelming, and workplace stress can lead to burnout . How you cope with these emotions and stress can affect your well-being, the well-being of the people you care about, your workplace, and your community. During this pandemic, it is critical that you recognize what stress looks like, take steps to build your resilience and manage job stress, and know where to go if you need help.



For More Information



- CPWR COVID-19 Clearinghouse http://covid.elcosh.org/
- CDC COVID-19 Construction: https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/construction-workers.html



- CDC Interim Guidance for Businesses and Employers to Plan and Respond to Coronavirus Disease 2019 website: www.cdc.gov/coronavirus/2019-ncov/community/guidance-business-response.html
- CDC Prepare your Small Business and Workers for the Effects of COVID-19 website: www.cdc.gov/coronavirus/2019-ncov/community/guidance-small-business.html
- NIOSH Directory of Construction Resources https://www.cdc.gov/niosh/construction/default.html
- OSHA COVID-19 Construction: https://www.osha.gov/SLTC/covid-19/construction.html
- CDCINFO: 1-800-CDC-INFO (1-800-232-4636) | TTY: 1-888-232-6348 | website: www.cdc.gov/info

NIOSH / CPWR June 17, 2020

Protecting the Safety and Health of Workers Coronavirus Disease 2019 (COVID-19)

Chris Brown and Timothy Irving

Occupational Safety and Health Administration

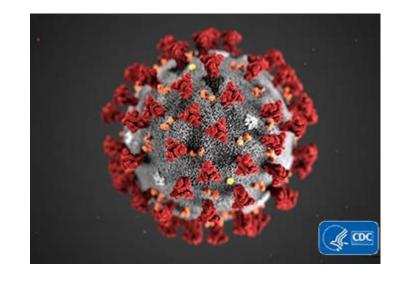






Protecting workers from risk of exposure to COVID-19

- OSHA is coordinating closely with CDC, including NIOSH, and other federal agencies to monitor the ongoing pandemic.
- OSHA's message is clear:
 - Employers should have a plan for protecting workers and preventing further spread of disease, as well as maintaining the employer's day-to-day functions.





Occupational exposure risks

- OSHA is closely coordinating with CDC, including NIOSH, and other agencies to monitor the ongoing pandemic.
- The risk of exposure in many workplaces likely reflects the risk to the general public in the community where the workplace is located.
- Risk increases when workers have frequent, close contact with the general public or other coworkers.



Photo: Turner Construction Company



Occupational exposure risks

- Workers in other sectors, including some in critical infrastructure, may be at risk because of frequent or long-duration contact with coworkers:
 - Food processing (including meatpacking)
 - Manufacturing
 - Construction
 - Oil and gas
 - Other sectors where workers would typically be within 6 feet of one another





OSHA guidance: **Worker Exposure Risk**

- Four exposure risk levels:
 - Lower (or caution)
 - Medium
 - High
 - Very high
- Most are likely in lower or medium exposure risk level
- Employers should carefully examine the specific risks in their workplaces and plan accordingly
- Workers' risks in many industries may reflect the risk to the rest of the public in a particular community

Worker Exposure Risk to COVID-19

Classifying Worker Exposure to SARS-CoV-2

Worker risk of occupational exposure to SARS-CoV-2, the virus that causes COVID-19, during an outbreak may depend in part on the industry type and need for contact within 6 feet of people

OSHA has divided job tasks into four risk exposure levels, as shown below. Most American workers will likely fall in the lower exposure risk (caution) or medium exposure risk levels.

Occupational Risk Pyramid for COVID-19

Jobs with a high potential for exposure to known or suspected sources of COVID-19 during specific medical, postmortem, or laboratory procedures. Workers include:

• Healthcare and morgue workers performing aerosol-generating procedures on or collecting/handling specimens from potentially infectious patients or bodies of people known to have, or suspected of having, COVID-19 at the time of death

Lower Risk (Cautio

Jobs with a high potential for exposure to known or suspected sources of COVID-19. Workers in this category include:

· Healthcare delivery, healthcare support, medical transport, and mortuary workers exposed to known or suspected COVID-19 patients or bodies of people known to have, or suspected of having, COVID-19 at the time of death

MEDIUM EXPOSURE RISK

Jobs that require frequent/close contact with people who may be infected, but who are not known or suspected patients. Workers in this category include:

. Those who may have contact with the general public (e.g., schools, high-population-density work environments, some high-volume retail settings), including individuals returning from locations with widespread COVID-19 transmission

LOWER EXPOSURE RISK (CAUTION)

Jobs that do not require contact with people known to be, or suspected of being, infected.

. Workers in this category have minimal occupational contact with the public and other coworkers

For more information, see the Guidance on Preparing Workplaces for COVID-19.





OSHA guidance

For all workers, regardless of specific exposure risks:

- Implement physical distancing to maintain at least 6 feet between workers
- Practice good and frequent hand hygiene
- Increased cleaning and disinfecting of common surfaces, tools
- Use of appropriate PPE
- Employers should consider flexible sick leave policies

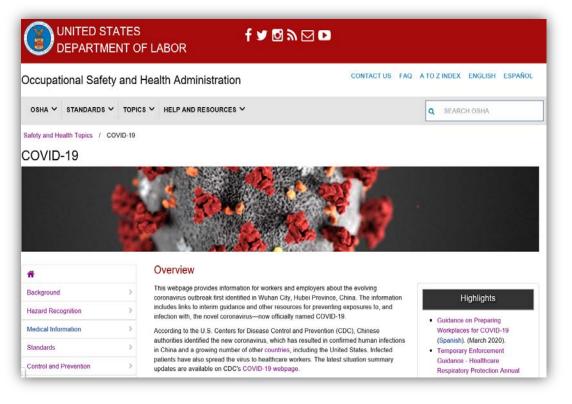


Photo: U.S. Department of Defense



OSHA guidance

- OSHA has developed a variety of guidance materials for workers and employers on how to stay healthy during the pandemic.
- OSHA.gov/coronavirus includes information on implementing the hierarchy of controls when workers have specific exposure risks.

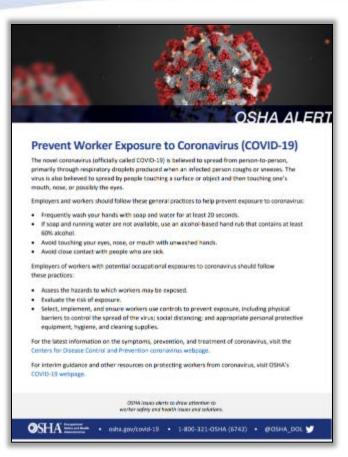




OSHA guidance

OSHA Alerts

- COVID-19 Guidance for the Construction Workforce
- COVID-19 Guidance for the Manufacturing Industry Workforce
- COVID-19 Guidance for the Package Delivery Workforce
- COVID-19 Guidance for Retail Workers
- Prevent Worker Exposure to Coronavirus (COVID-19)





Construction Work Tasks and Associated Risk

Lower (caution) Very High Medium High Tasks that allow Tasks that require Entering an indoor work Category not applicable site occupied by people employees to remain at workers to be within 6 for most anticipated least 6 feet apart and feet of one another. such as other workers, work tasks. involve little contact with Note: Most construction Tasks that require customers, or residents workers to be in close the public, visitors, or suspected of having or work tasks are contact (within 6 feet) known to have COVIDcustomers. associated with no more Note: For activities in the with customers, visitors, 19, including when an than high exposure risk; or members of the lower (caution) risk occupant of the site see the work tasks reports signs and category, OSHA's public. associated with lower, medium, or high risk on Interim Guidance for symptoms consistent Workers and Employers with COVID-19. this chart. Note: Employers may of Workers at Lower Risk of Exposure may consider delaying this be most appropriate. work.

Safe Work Practices

- Adopt staggered work schedules, e.g., provide alternating workdays or extra shifts, to reduce the total number of employees on a job site at any given time and to ensure physical distancing.
- Identify choke points where workers are forced to stand together, such as hallways, hoists and elevators, ingress and egress points, break areas, and buses, and implement policies to maintain social distancing.
- In elevators and personnel hoists, ensure 6 feet distance between passengers in all directions and equip operators with appropriate respiratory protection and other necessary PPE.



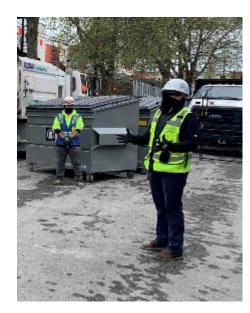
Safe Work Practices

- Coordinate site deliveries in line with the employer's minimal contact and cleaning protocols. Delivery personnel should remain in their vehicles if at all possible.
- Institute a rigorous housekeeping program to reduce dust levels on the job site.
- Keep in-person meetings (including toolbox talks and safety meetings) as short as possible, limit the number of workers in attendance, and use social distancing practices.
- Ensure clean toilet and handwashing facilities. Clean and disinfect portable job site toilets regularly. Fill hand sanitizer dispensers regularly. Disinfect frequently touched items (i.e., door pulls and toilet seats) regularly.



Cloth Face Coverings

- CDC recommends wearing cloth face coverings as a protective measure in addition to social distancing (i.e., staying at least 6 feet away from others). Cloth face coverings may be especially important when social distancing is not possible or feasible based on working conditions.
- Cloth face coverings are intended to protect other people—not the wearer.



For continual updates

- Visit OSHA's website to sign up to receive OSHA information:
 - QuickTakes biweekly newsletter (287,000+ subscribers)
 - Tip of the Day (33,700+ subscribers)
 - www.osha.gov/contactus
- Follow OSHA on social media
 - Twitter: @OSHA_DOL (21,500+ followers)
 - Facebook: Follow the Department of Labor page



Trenching Safety Stand-Down



June 15-19, 2020



Approximately 50,000 participants in 2019







Cooperative Programs

On-Site Consultation Program

- Free safety and health advice to help small businesses identify hazards and comply with OSHA regulations
- Voluntary Protection Program
- Alliances
 - OSHA-ITA Alliance for 16 years
 - Support for OSHA Initiatives (such as Safe + Sound campaign)

SAVE THE DATE



RECOGNIZE YOUR SAFETY SUCCESSES



Questions?

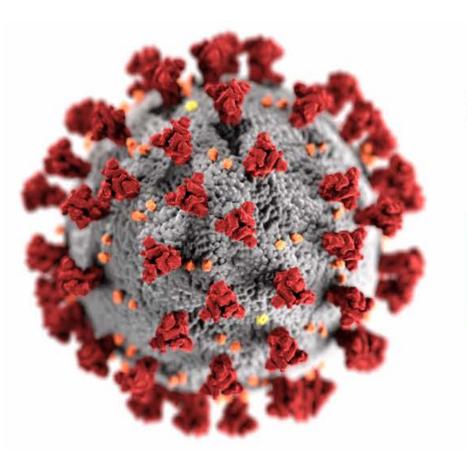
- Chris Brown, Special Assistant,Office of the Assistant Secretary
- Timothy Irving, Deputy Director of Construction
- OSHA Directorate of Technical Support and Emergency Management

Phone: 202-693-2300





www.osha.gov 1-800-321-OSHA (6742)



COVID-19 Construction Clearinghouse

Chris Cain
17 June 2020 CPWR Webinar





www.covid.elcosh.org



Resource Categories

News/Info

info 🖸

About

elcosh Home

The scientific community's understanding of how the **coronavirus disease (COVID-19)** spreads is evolving. This **COVID-19 Clearinghouse** was established as a central resource for construction employers and workers to find the latest research, guidance documents, training and other resources to help prevent the spread of the disease as construction work continues in some markets and starts up in others. The information posted is accurate as of the date posted. Every effort will be made to include only the latest information, however, since the situation is evolving, please let us know if more timely information is available.

Enter search terms...

Q

CDC - General Business FAQs

Questions and answers developed by the CDC that build on their Interim Guidance for Businesses and Employers and Guidance for Critical Infrastructure Workers. The FAQs cover workplace topics such as identifying COVID-19 in the workplace, reducing the spread, cleaning and disinfection, and critical infrastructure.

Featured Resource

NABTU and CPWR COVID-19 Standards for U.S. Construction Sites, April 27, 2020

This document contains minimum standards employers should implement as part of their COVID-19 exposure control plan on all jobsites, and recommendations that should be followed before any onsite worker is found to have COVID-19. Click here to access this document in Spanish.

Featured Resource

About the Virus (2) Guidance on Workplace Practices (6) Safety in Action (1) Training Resources (10) Employer Recommendations & Requirements (8) State & Local Requirements (4)

NEWS & RELATED INFORMATION

CDC - Testing in the US

This Map includes states and territories with one or more labs that have successfully verified and are currently using COVID-19 diagnostic tets.

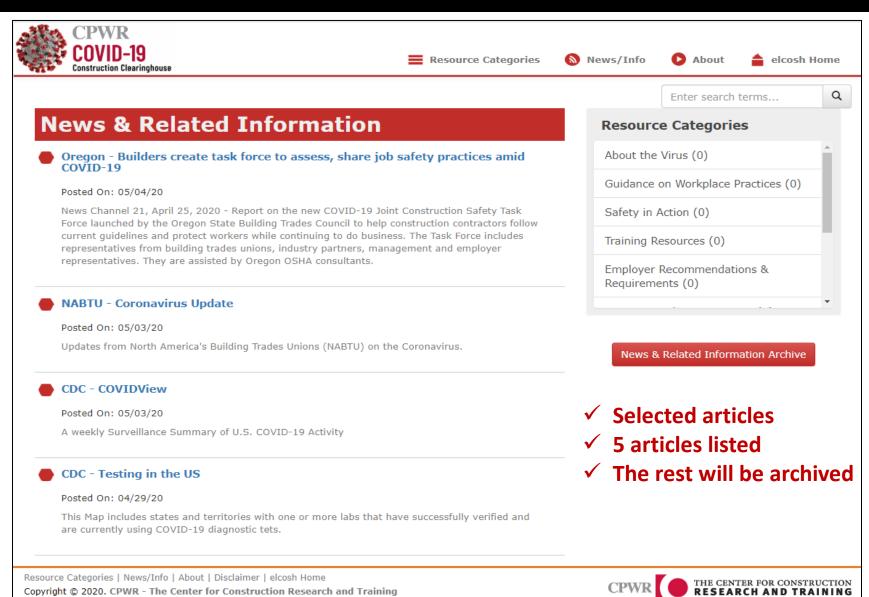
CDC - COVIDView

A weekly Surveillance Summary of U.S. COVID-19 Activity



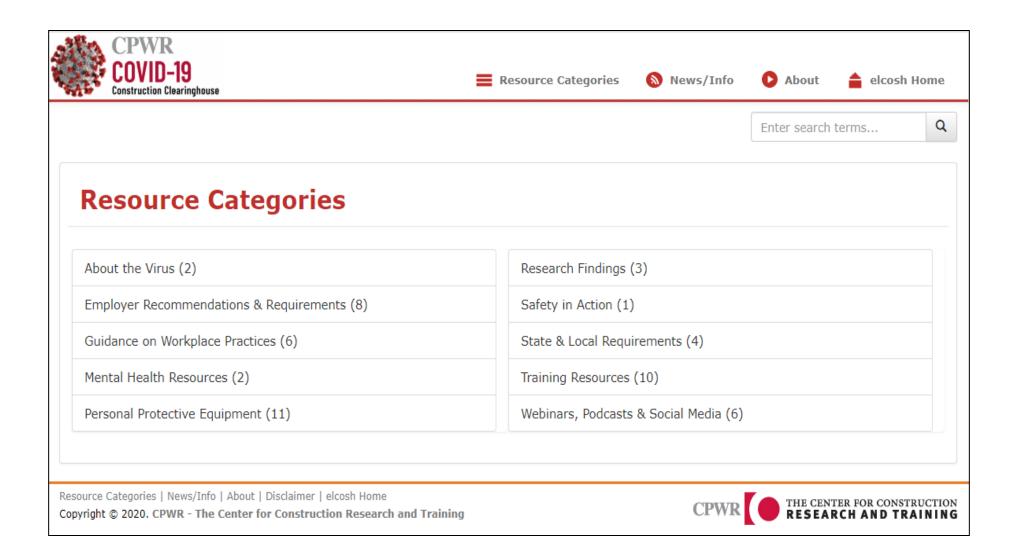


News & Related Information



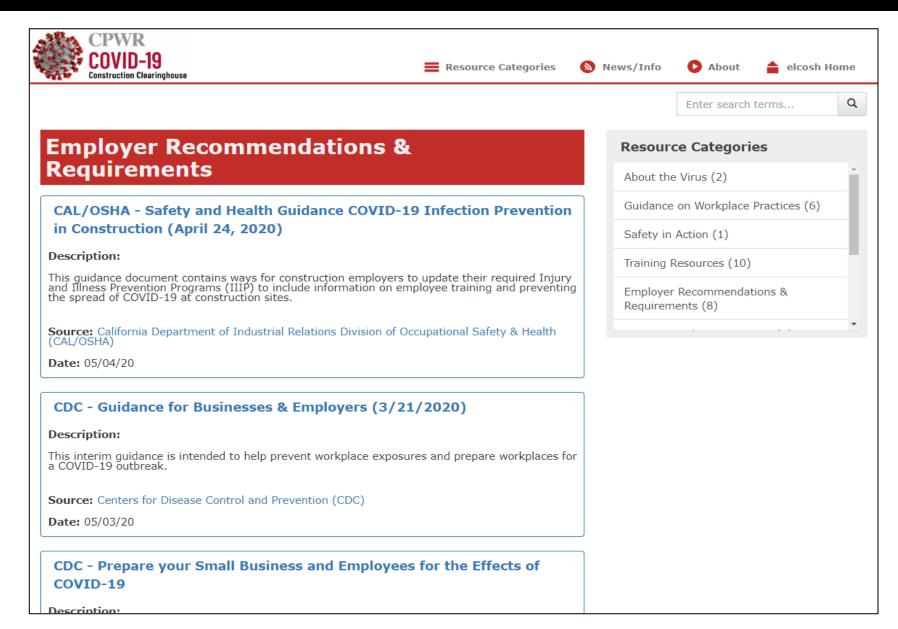


Resource Categories





Category Example





What goes into each Resource Category?

- 1. About the Virus: background information on the disease, trends, etc.
- 2. <u>Guidance on Workplace Practices:</u> procedures or recommendations for how to protect workers and prevent the spread on construction sites, such as hand washing, distancing, and other protocols/
- 3. <u>Safety in Action:</u> examples of ways safe practices are being implemented on job sites(e.g., providing hand washing facilities, maintaining distancing at choke points)
- **4.** <u>Training Resources:</u> videos, presentations, toolbox talks, etc.
- **5.** <u>Employer Recommendations & Requirements</u>: formal requirements and/or recommendations, such as the *NABTU and CPWR COVID-19* Standards for U.S. Construction Sites, bargaining language, etc.



What goes into each Resource Category? (cont.)

- **6.** State and Local Requirements: state and local government COVID-19 policies that impact the construction industry
- 7. Research Findings: studies, reports, and data on the spread, impact, or prevention of COVID-19
- **8.** Personal Protective Equipment: information on use of respirators and other PPE to protect against COVID-19
- **9.** Mental Health Resources: resources to help address the risk for suicide, opioid use, etc. due to COVID-19
- 10. Webinars, Podcasts & Social Media: focused on COVID-19



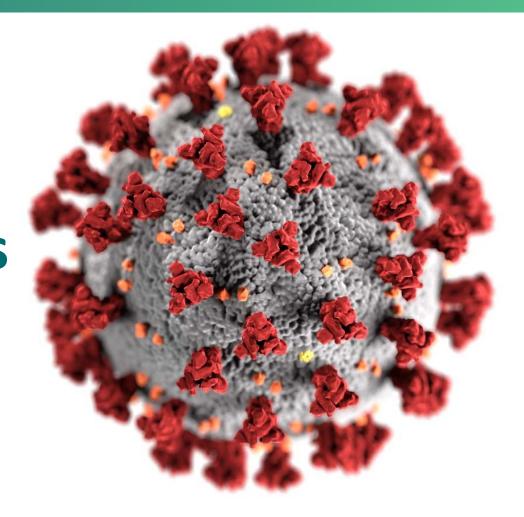
Submitting Content to covid19@cpwr.com

Please include:

- 1. In the subject line a short description/title of the material
- 2. In the body of the email the material's source, date, related documentation of permission to post (if from a 3rd party) or a note indicating the organization that needs to be contacted for permission*
- 3. In the body of the email the section of the site the item falls under (Resource Category or Categories, News & Related Information)

^{*} NOTE: CPWR can link to items available online without obtaining permission. However, materials posted directly on the site, such as peer-reviewed articles, photos, etc. require permission from the publication, owner of the photo, etc.

Coronavirus Update on Selected Issues June 17, 2020





Outline

- Symptoms and symptom screening
 - Discussion construction workplaces
- Testing update
- Contact Tracing brief overview
- The CDC recommendations for SARS-CoV-2 and COVID-19 have been developed based on what is currently known and are subject to change as additional information becomes available.



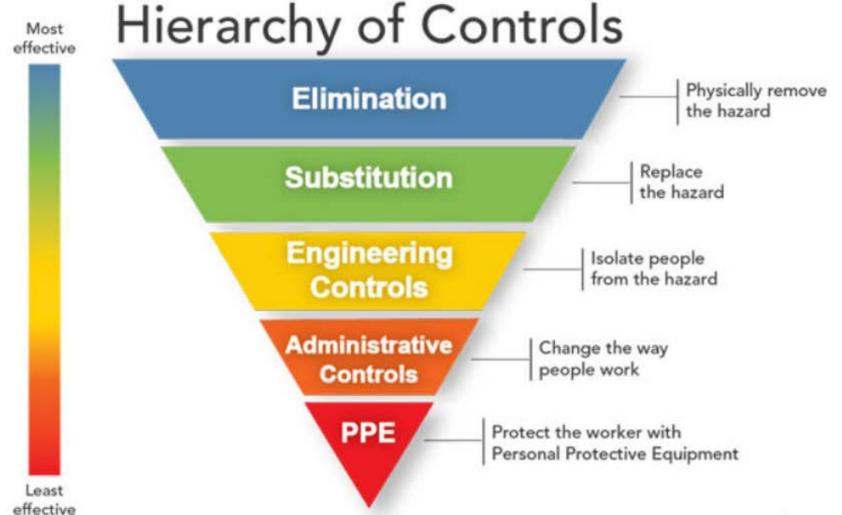


Image courtesy of NIOSH

"What Construction Workers Need to Know about COVID-19"

- https://www.cdc.gov/coronavirus/2019ncov/community/organizations/construction-workers.html
- As a construction worker, how can I protect myself and slow the spread?
- Notify your supervisor and stay home if you have <u>symptoms</u>.

"Construction Work"

https://www.osha.gov/SLTC/covid-19/construction.html

Train construction workers on:

 "The signs and symptoms of COVID-19 and an explanation of how the disease is potentially spread, including the fact that infected people can spread the virus even if they do not have symptoms."

Safe Work Practices

 "To the extent possible, screen all visitors on all construction sites in advance of their arrival on the job site for signs and symptoms of COVID-19."

Watch for symptoms

People with COVID-19 have had a wide range of symptoms reported – ranging from mild symptoms to severe illness.

Symptoms may appear **2-14 days after exposure to the virus.** People with these symptoms may have COVID-19:

- · Fever or chills
- Cough
- · Shortness of breath or difficulty breathing
- Fatigue
- Muscle or body aches
- Headache
- · New loss of taste or smell
- Sore throat
- Congestion or runny nose
- Nausea or vomiting
- Diarrhea

This list does not include all possible symptoms. CDC will continue to update this list as we learn more about COVID-19.

https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/symptoms.html

Discussion

- Symptom screening
- CDC "General Business Frequently Asked Questions"
 - https://www.cdc.gov/coronavirus/2019-ncov/community/generalbusiness-faq.html
- Screening employees is an optional strategy that employers may use.



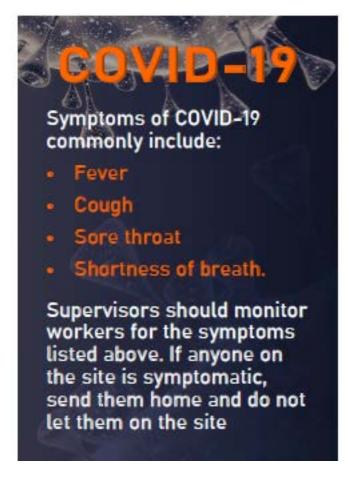
Example:

Meat and Poultry Processing Workers and Employers
Interim Guidance from CDC and the Occupational Safety and Health Administration
(OSHA) https://www.cdc.gov/coronavirus/2019-ncov/community/organizations/meat-poultry-processing-workers-employers.html

Screening of workers for COVID-19

- Screening meat and poultry processing workers for COVID-19 symptoms (such as temperature checks) is <u>an</u> <u>optional strategy that employers may use</u>. ... {in consultation with state and local health officials and occupational medicine professionals}
- Options to screen workers for COVID-19 symptoms include:
 - Screen prior to entry into the facility.
 - Provide verbal screening in appropriate language(s)
 - Check temperatures of workers at the start of each shift to identify anyone with a fever of 100.4°F or greater (or reported feelings of feverishness)
- Do not let employees enter the workplace if they have a fever of 100.4°F or greater (or reported feelings of feverishness), or if screening results indicate that the worker is suspected of having COVID-19.

Example





https://www1.nyc.gov/assets/buildings/pdf/preventing spread germs.pdf



INDUSTRY BEST PRACTICES FOR Preventing & Remediating the Contamination of Germs on **Construction Sites**

Good health habits can help stop the spread of germs and prevent respiratory illnesses. Use these tips to protect yourself and others:





Clean tools and equipment with disinfectant wipes after each use. For larger tools and equipment, wipe or spray down the surface or tool with a solution of 5 tablespoons (1/3 cup) of bleach per one gallon of water. Allow the solution to sit on the surface for 5 minutes to kill all of the germs.



commonly include:

- Fever

- Shortness of breath.

Supervisors should monitor workers for the symptoms listed above. If anyone on the site is symptomatic, send them home and do not let them on the site



Wash your hands frequently with soap and water for at least 20 seconds.

Practice proper hygiene. Wash hands thoroughly and often using soap and water for at least 20 seconds. If soap and water are not available, use an alcohol based hand sanitizer.

Cover your cough and sneeze with a tissue then throw the tissue in the trash.



Cover your mouth and nose with a tissue when you cough or sneeze. Use the bend of your arm if a tissue is not available.

WAYS TO REDUCE THE SPREAD OF GERMS

- · Practice physical distancing by avoiding groups and gatherings and maintaining a distance of at least 6 feet from other people whenever possible.
- Stagger pre-shift meetings, new hire orientations, and other meetings conducted in-person. These meetings should include information on proper hygiene, keeping surfaces clean, and procedures on what to do if a worker feels sick.
- If a worker is symptomatic encourage he/she must stay home. Supervisors should keep a record or log of all employees who are sent home or stay home.
- · Provide workers with access to soap and water so they can wash their hands frequently.
- Give co-workers a friendly reminder if you notice they forget to wash their hands, cover their mouth, or wipe down their equipment after each use.

Please be advised the above information is a compilation of recommended industry best practices.

Example: "COVID-19 General Checklist for Construction Employers"

https://covid19.ca.gov/pdf/checklist-construction.pdf

- Individual Control Measures & Screening
 - Symptom screenings and/or temperature checks.
 - Restrict non-employee personnel on the job site, conduct screening and encourage the use of face masks or covers.

"Testing for COVID-19"

https://www.cdc.gov/coronavirus/2019-ncov/symptoms-testing/testing.html

- Two kinds of tests are available for COVID-19: viral tests and antibody tests
- A viral test tells you if you have a current infection two 'types'
 - PCR
 - Antigen
- An antibody test tells you if you had a previous infection
- An antibody test may not be able to show if you have a current infection
 - May take 1-3 weeks after infection
 - Issue of protection from re-infection

Viral Testing Scenarios

Individuals with symptoms of COVID-19

- Asymptomatic individuals
 - With known or potential exposure to SARS-CoV-2 (contact tracing)
 - Without known or suspected SARS-CoV-2 exposure for early identification in special settings
 - Long-term care facilities
 - Correctional and detention facilities
 - Other congregate work or living settings
 - High-density critical infrastructure workplaces where continuity of operations is a high priority
- Determination of resolution of infection in individuals with COVID-19

Contact Tracing – brief overview

https://www.cdc.gov/coronavirus/2019-ncov/php/open-america/contact-tracing-resources.html

Key Concepts

- Trace and monitor contacts of infected people notify of exposure
- Support the quarantine of contacts safe, sustainable and effective quarantine of contacts to prevent additional transmission
- Expand staffing resources contact tracing in the US will require increased resources and personnel
- Use digital tools adoption and evaluation of digital tools may expand reach and efficacy of contact tracers.



NIOSH Health Hazard Evaluations

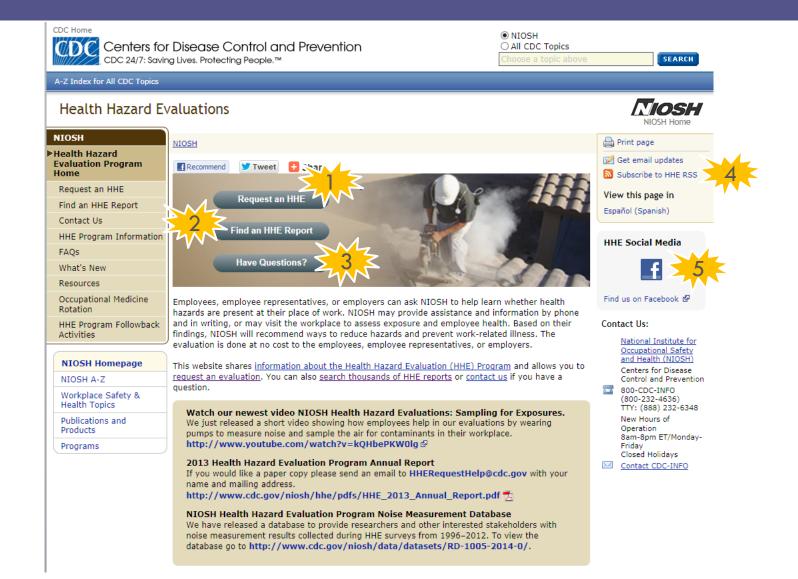
Douglas B. Trout, MD, MHS dtrout@cdc.gov

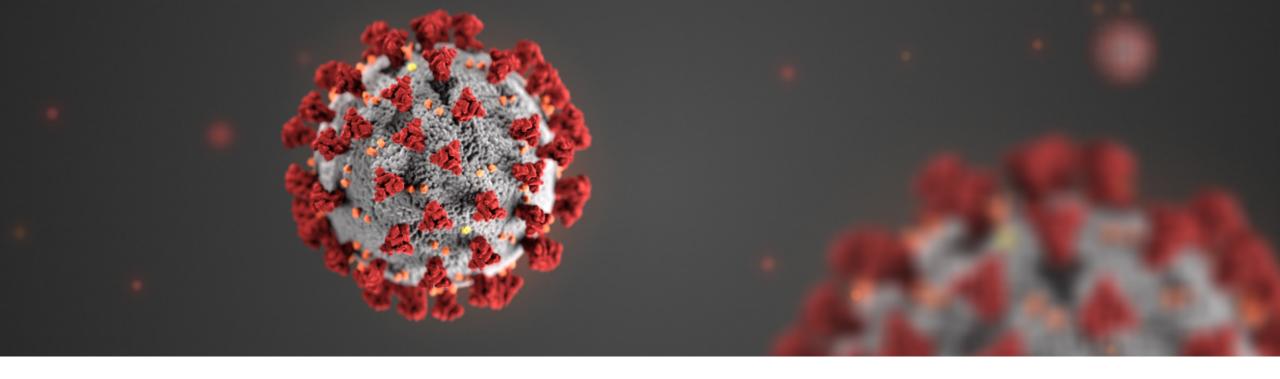


When to contact us



https://www.cdc.gov/niosh/hhe/default.html





For more information, contact CDC 1-800-CDC-INFO (232-4636)

TTY: 1-888-232-6348 www.cdc.gov

The findings and conclusions in this report are those of the authors and do not necessarily represent the official position of the Centers for Disease Control and Prevention.

