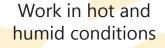
## **Protect Yourself Against Heat Exposure.**

## You are at risk if you:

Are new to the job



Do heavy physical labor

Don't drink enough water

**Tip 3:** Seek Medical Assistance

## Heat Stroke is a medical emergency

Look out for your co-workers—if you see the warning signs take action!

## **Call 911**

Getting help can be the difference between life and death.

Learn more about heat-related illnesses and how to prevent them at http://bit.ly/CPWRHotWeather

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