

# PREVENTING FALLS THROUGH SKYLIGHTS AND HOLES

During 2011-2016, 165 workers died after falling through a skylight or hole

## REMEMBER:

- ✓ Never sit, step on, or lean against a skylight. Guard or cover any existing skylights.
- ✓ If you create, uncover, or notice a hole:
  - Guard or securely cover the hole
  - Label the cover with “hole” or “cover”
- ✓ Always use one of the following:
  - Covers or screens
  - Railings or guardrails
  - Personal Fall Arrest System, such as a full-body harness



**PLAN. PROVIDE. TRAIN.**

*Three simple steps to preventing falls.*



PLAN. PROVIDE. TRAIN.

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Sources: NIOSH Alert: Preventing Falls of Workers through Skylights and Roof and Floor Openings: [www.cdc.gov/niosh/docs/2004-156/pdfs/2004-156.pdf](http://www.cdc.gov/niosh/docs/2004-156/pdfs/2004-156.pdf)

“Fatal occupational injuries due to fall to lower level incurred by workers in the construction industry (public and private), 2011-2016;” U.S. Department of Labor, Bureau of Labor Statistics; Census of Fatal Occupational Injuries; accessed February 2018.