## **CPWR** KEY FINDINGS FROM RESEARCH



#### **Overview**

OSHA-10 training saves lives and reduces accidents and illnesses across the building and construction trades. Three examples from a survey of 195 workers on self-reported actions before and after training are that 75% of trainees carried things on ladders before training and after only 26% did, 37% of trainees reported checking a scaffold to see if it was constructed properly before training and after training the percent had increased to 79%, and only two-thirds had asked for PPE before training versus over 90% after.

Based on interviews with trainees and trainers, there are many real stories of OSHA-10 training making a difference. The savings, from accidents averted, run in the millions of dollars. If training could reduce injuries by just 2% a year, the savings would be \$336 million; if by 6%, then more than \$1 billion could be saved. Many of the savings discussed herein are rarely discussed in other analyses.

For more information, contact: Ruth Ruttenberg: rruttenberg@tds.net Read the full report: https://bit.ly/3hFQTTL

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# Reducing Injuries, Saving Lives through OSHA-10

### The Economic and Social Benefits of OSHA-10 Training in the Building and Construction Trades

Ruth Ruttenberg, PhD. CPWR Report, May 2013.

### **Key Findings**

- OSHA-10 training promotes safer work practices.
- OSHA-10 training helps to prevent accidents and exposures.

Accident prevention, resulting from OSHA-10 training, saves money for workers, employers, insurers, and taxpayers.

The full benefits of OSHA-10 training are not properly or fully measured.

A new paradigm for measuring the full economic and social benefits of OSHA-10 training – and other health and safety programs – is emerging and will help strengthen the case for strong occupational safety and health programs.



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