



KEEPING IT GOING

Mark the Date · Know Your Map · Go Further

41.9 / 100,000

construction's suicide rate —
down from 43.2 last year

NEARLY 500,000

workers took part in Construction
Suicide Prevention Week last year

THIS IS WHY IT WORKS

declining rates reflects people
choosing to show up for their peers

YOUR FULL MAP

- Peer Connector — a trained coworker, introduced in Session 05.
- Your foreman or safety lead — always an option.
- EAP (company) or MAP (union) — confidential, professional
- Your site's safety/HR crisis lead
- 988 — every time, no exceptions

WANT TO DO MORE

If you want to be more than a bystander, ask about safeTALK or ASIST training — the same training your Peer Connectors have.

THANKS FOR SHOWING UP

These talks, one crew, one goal:
nobody on this site goes through a hard time alone. That's what we've been building all along.

MARK YOUR CALENDAR

- Construction Suicide Prevention Week — every September, tied to National Suicide Prevention Month
- World Suicide Prevention Day — September 10, marked worldwide.
- Mental Health Awareness Month in May

The Stand Up Pledge from Session 05 isn't a one-time thing — treat these dates as your yearly reminder to revisit it.

IT ADDS UP

One toolbox talk a year won't change everything. But nearly 500,000 workers showing up, year after year, has.

01

MARK THE DATE

Put Construction Suicide Prevention Week (September) on your calendar — and show up again next year.

02

KNOW YOUR FULL MAP

Peer Connectors, EAP/MAP, safety lead, 988 — know all five, not just one.

03

CONSIDER GOING FURTHER

Ask about safeTALK or ASIST training if you want to be more than a bystander.

KNOW YOUR FULL MAP

**Peer Connector, EAP/MAP, safety lead, or 988.
Call or Text 988 · 24/7, Free & Confidential**

This works because people keep showing up. Be one of them.

COMPASS // MENTAL HEALTH & SUICIDE AWARENESS // OPTIONAL SESSION 06

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