LEAD BY EXAMPLE

Be a **SAFETY LEADER**

Have the courage to demonstrate that you value safety. Work with your crew to identify and eliminate hazardous situations, even in the presence of other job pressures such as scheduling and costs.

Scan this QR code to access the Lead By Example refresher video from the original FSL.

What does it mean to **lead by example** on the jobsite?

It's one thing to say you want to lead by example, but how can you actually make it happen?

Putting the skill to action

Below are things you can do every day to lead by example on the jobsite.

Have a positive attitude about safety. Use optimistic language when discussing safety with your crew. Praise crew members who come to you with safety concerns.

Establish safety as a core value. Demonstrate that safety is one of your core values by considering the safety implications of every decision you and your crew make.

Set high expectations for safety. Regularly let your crew know that you expect them to always use safe work practices.

Share safety vision with your crew. Talk about the importance of safety for you and your crew and be consistent. Emphasize that safe work goes hand-in-hand with productive, quality work and that injuries will impact their work and home life.

Walk the talk. Consistently practice what you preach in terms of safety. Do not adopt a "do as I say, not as I do" attitude.

Reinforce the idea that everyone owns safety. Stress that everyone is responsible for keeping the jobsite safe; not just the foreman or safety person.

Lead up! Persuade company owners and others in supervisory positions to improve jobsite safety and health.

Examples of how Crew Leaders are

Leading by Example

"I used to say, 'you need to do this and that, you need to have this and that on,' but I wasn't doing it myself. I was always a firm believer that earplugs hurt my ears. I would wear a bandana and kept it below my ears so no one could tell if I was wearing earplugs or not. Eventually, I stopped that and now I wear them."

"We have a young supervisor, an acting foreman, and he's not afraid to ask for certain PPE. You know he said, 'When I worked for another company in the winter months, they provided an attachment to the hardhat that covers your ears.' He offered that suggestion and we got him some to wear."

HOW OFTEN DO YOU...?

	ALWAYS	SOMETIMES	NEVER
Maintain a positive attitude about safety	☐	☐	☐
Consider the safety implications of all your decisions	☐	☐	☐
Set high expectations for crew members	☐	☐	☐
Walk the talk; always follow safe work practices	☐	☐	☐
Communicate with your crew that everyone owns safety	☐	☐	☐

ACTION PLAN

Consider your answers to the questions on the left. Which areas do you need to work on? Which areas ***will*** you work on?

Set a goal and timeline. Choose one or more of the areas to improve on over the next 2-3 months. Use the ideas on the front page of this handout for ways to put each area into practice.

Hold yourself accountable. Track your progress. At the end of 2-3 months, consider whether you have reached your goal. Ask yourself:

- What is working well?
- Did I follow through with my goal? If not, what prevented me from doing so?
- Who can help me or give me the support I need to reach my goal?

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