

JOB-RELATED FACTORS
THAT INCREASE RISK OF

HEAT-RELATED ILLNESS AND DEATH



Machinery, power tools, and hot/molten materials can radiate additional heat



Working in direct sunlight can increase heat exposure (and the risk of skin cancer!)

Physical exertion and heavy workloads generate heat in the body and cause fluids and electrolytes to be lost more quickly through sweat



Clothing and PPE can trap heat and reduce air flow, making it harder for the body to cool itself



Additional risk factors may include, but are not limited to: lack of acclimatization, working in enclosed spaces, and some medications, caffeine, or other individual factors

PROTECT YOURSELF AND YOUR CREW!

learn how at: www.cpwr.com/heat

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