



ROOFING SAFETY: WALK THIS WAY!

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Every year about **400 roofers are injured** and about **37 roofers die from falls**. Walking this way with the proper shoes can improve your balance and help prevent falls.

WALKING UP A ROOF

Zigging and zagging when walking up a sloped surface reduces the incline and can help you control your balance.

WALKING ACROSS A SLOPED ROOF

Walk with your feet wide apart and take shorter steps to improve your balance.



Choose the PROPER shoes for walking on roofs:

- Choose lighter boots with non-slip soles.
- Wear puncture resistant soles.
- Seek out specialty “roofer shoes” with nonslip soles, moderate stiffness, a tight fit, rear motion control, and front end flexibility.

Choose the PROPER shoes for walking on flat, narrow planks:

- Choose high-cut, above ankle, work shoes or safety boots—they provide the most balance of any shoe type.
- Avoid low-cut work shoes that are well padded—they will reduce your ability to control your balance.
- Avoid athletic shoes on planks.

Walking the right way is no substitute for fall protection.

Join the Campaign to Stop Construction Falls!

www.stopconstructionfalls.com



PLAN. PROVIDE. TRAIN.



Sources

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#StandDown4Safety