

Mental Health Suffers during Pandemic: Support Fellow Construction Workers



Male **construction workers** have a suicide rate 65% higher than all U.S. male workers¹

In June 2020, 11% of all U.S. adults seriously considered suicide²



In June 2020, 40% of all U.S. adults struggled with mental health or substance use²

Need Help? Know Someone Who Does? Contact the National Suicide Prevention Lifeline

Call 1-800-273-TALK (1-800-273-8255)

Source 1: Suicide Rates by Industry and Occupation – National Violent Death Reporting System, 32 States, 2016 <https://www.cdc.gov/mmwr/volumes/69/wr/mm6903a1.htm>

Source 2: Mental Health, Substance Use, and Suicidal Ideation During the COVID-19 Pandemic – United States, June 24–30, 2020 <https://www.cdc.gov/mmwr/volumes/69/wr/mm6932a1.htm>

