

# Night Shift: Road Work

**Road work at night is dangerous. Both workers and motorists need enough light to move safely through work zones. Drivers on the roadway or operating equipment at night must be able to see ground workers to ensure their safety.**

## Matt's Story

Matt, a road construction worker, was finishing up his break one night around 2:00 a.m. He was walking across a poorly lit area to return to work when he was hit by a dump truck. The driver did not see Matt. Matt was taken to the hospital in serious condition.

- ✖ **How could this incident have been prevented?**
- ✖ **Have you or someone you know ever had an injury related to night work?**

## Remember This

- Your employer should give you high-visibility safety apparel (HVSA), which is made to return light (such as from headlights).
  - Wear Type R (Roadway) around motorist traffic or in roadway work zones.
  - Wear Type R Performance Class 3 at night for even better visibility.
- Your employer is responsible for providing enough light so that workers can be seen by each other and oncoming traffic. Your work area should:
  - Have a site-specific plan to match the light level to the activity in each work area of the site.
  - Check field lighting regularly for brightness, and use larger traffic control devices, reflective materials, and lettering to improve safety.
  - Set arrow panels at nighttime light levels; at night, lights on daytime settings are blinding.

## How can we stay safe tonight?

What will we do at the worksite to prevent being injured while doing road work at night?

1. \_\_\_\_\_
2. \_\_\_\_\_

OSHA Standard: 1926.56

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- ✖ Make sure there is enough lighting so you can be seen by oncoming traffic and by your co-workers.
- ✖ Set arrow panels at nighttime light levels.
- ✖ Wear high-visibility safety apparel.